

# Ephesians Series

Lesson #201

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Dean Bible Ministries

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**Spiritual Skills:  
Do Not Grieve the Holy Spirit  
Ephesians 4:30**



# EPHESIANS

THE WEALTH, WALK  
& WARFARE  
OF THE BELIEVER

## **Our Worthy Walk, Eph. 4:1ff**

**Eph. 4:1, “I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called,”**

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**Eph. 4:2, “with all humility and gentleness, with longsuffering, putting up with one another in [by means of] love, [RD]**

**Eph. 4:3, “working diligently to keep the unity of the Spirit in the bond of peace.”**

## **Our Worthy Walk, Eph. 4:1ff**

**Eph. 4:17, “This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the emptiness of their mind,”**

**Eph. 5:2, “And walk in love, as Christ also has loved us and given Himself as a substitute for us, an offering and a sacrifice to God for a sweet-smelling aroma.” [RD]**

## Speaking THE Truth in Love

**Eph. 4:15**, “but, speaking the truth **in love**, may grow up in all things into Him who is the head—Christ—

**Eph. 4:16**, “from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself **in love.**”

## Old vs. New Man

**Eph. 4:22, “that you have put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,**

**Eph. 4:23, “and be renewed in the spirit of your mind,**

**Eph. 4:24, “and that you have put on the new man which was created according to God, in true righteousness and holiness.”**

# Speaking the Truth

**This is the topical sentence for the rest of the chapter.**

**Eph. 4:25, “Therefore have already put off the lie, let each of you speak THE TRUTH with his neighbor, for we are members of one another.”**

**ἀληθεύω *alētheuō* pres act  
part masc plur nom  
to tell the truth, speak in line  
with Scripture, the standard  
of what is true**



## **Observations on the Passage**

**The section from Eph. 4:25–5:21 has 27 imperatives (plus several imperatival participles).**

**8 more from Eph. 5:22–6:9**

**All of these are related to the new man's behavior standards.**

**Eph. 4:29, “Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.”**

**σαπρός sapos masc sing nom  
rotten; spoiled, corrupted; fig. of  
something unwholesome, evil,  
destructive.**

**The contrast earlier is with the  
TRUTH and the lie. cf. Matt. 12:33–  
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**οἰκοδομή *oikodomē*  
fem sing acc  
building, building up.  
The question: is  
what I am saying and  
talking about for the  
ultimate good of my  
and my hearers’  
spiritual life?**

**Eph. 4:29, “Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.**

**Eph. 4:30, “And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.**

**Eph. 4:31, “Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.” [NKJV]**

**Isa. 63:7, “I will mention the lovingkindnesses of the LORD and the praises of the LORD, according to all that the LORD has bestowed on us, and the great goodness toward the house of Israel, which He has bestowed on them according to His mercies, according to the multitude of His lovingkindnesses.**

**Isa. 63:8, “For He said, ‘Surely they are My people, children who will not lie.’ So He became their Savior.”**

**Isa. 63:9, “In all their affliction He was afflicted, and the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and carried them all the days of old.**

**Isa. 63:10, “But they rebelled and grieved His Holy Spirit; So He turned Himself against them as an enemy, and He fought against them.”**

**Ex. 17:7, “So he called the name of the place Massah and Meribah, because of the contention of the children of Israel, and because they tempted the LORD, saying, ‘Is the LORD among us or not?’ ”**

**Num. 20:12, “Then the LORD spoke to Moses and Aaron, ‘Because you did not believe Me, to hallow Me in the eyes of the children of Israel, therefore you shall not bring this assembly into the land which I have given them.’**

**Num. 20:13, “This was the water of Meribah, because the children of Israel contended with the LORD, and He was hallowed among them.”**

**Num. 27:14, “ ‘For in the Wilderness of Zin, during the strife of the congregation, you rebelled against My command to hallow Me at the waters before their eyes.’ (These are the waters of Meribah, at Kadesh in the Wilderness of Zin.)”**



**Deut. 32:49**, “Go up this mountain of the Abarim, Mount Nebo, which is in the land of Moab, across from Jericho; view the land of Canaan, which I give to the children of Israel as a possession;

**Deut. 32:50**, “and die on the mountain which you ascend, and be gathered to your people, just as Aaron your brother died on Mount Hor and was gathered to his people;

**Deut. 32:51**, “because you trespassed against Me among the children of Israel at the waters of Meribah Kadesh, in the Wilderness of Zin, because you did not hallow Me in the midst of the children of Israel.

**Deut. 32:52**, “Yet you shall see the land before you, though you shall not go there, into the land which I am giving to the children of Israel.”

**Deut. 33:8, “And of Levi he said: ‘Let Your Thummim and Your Urim be with Your holy one, Whom You tested at Massah, and with whom You contended at the waters of Meribah,”**

**Psa. 78:12, “Marvelous things He did in the sight of their fathers, in the land of Egypt, in the field of Zoan.**

**Psa. 78:13, “He divided the sea and caused them to pass through; And He made the waters stand up like a heap.**

**Psa. 78:14, “In the daytime also He led them with the cloud, and all the night with a light of fire.**

**Psa. 78:15, “He split the rocks in the wilderness, and gave them drink in abundance like the depths.**

**Psa. 78:16, “He also brought streams out of the rock, and caused waters to run down like rivers.”**

**Psa. 78:17, “But they sinned even more against Him by rebelling against the Most High in the wilderness.**

**Psa. 78:18, “And they tested God in their heart by asking for the food of their fancy.**

**Psa. 78:19, “Yes, they spoke against God: They said, ‘Can God prepare a table in the wilderness?’**

**Psa. 78:20, “ ‘Behold, He struck the rock, so that the waters gushed out, and the streams overflowed. Can He give bread also? Can He provide meat for His people?’ ”**

**Psa. 78:35, “Then they remembered that God was their rock, and the Most High God their Redeemer.”**

**Psa. 78:36, “Nevertheless they flattered Him with their mouth, and they lied to Him with their tongue;”**

**Psa. 78:37, “For their heart was not steadfast with Him, nor were they faithful in His covenant.”**

**Psa. 78:38, “But He, being full of compassion, forgave their iniquity, and did not destroy them. Yes, many a time He turned His anger away, and did not stir up all His wrath;””**

**Psa. 78:39, “For He remembered that they were but flesh, a breath that passes away and does not come again.**

**Psa. 78:40, “How often they provoked Him in the wilderness, and grieved Him in the desert!**

**Psa. 78:41, “Yes, again and again they tempted God, and limited the Holy One of Israel.”**

**Isa. 63:9, “In all their affliction He was afflicted, and the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and carried them all the days of old.**

**Is. 63:10, “But they rebelled and grieved His Holy Spirit; So He turned Himself against them as an enemy, and He fought against them.”**

**Eph. 4:30, “And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.” [NKJV]**

***λυπέω *lupeō* 2 plur pres act impera*  
to grieve, irritate, to be sad, sorrowful,  
distressed**



**Matt. 26:37, “And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed.”**

**1 Thess. 4:13, “But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope.”**

## **Summary:**

- 1. Grieving God is connected to the rebellion at Meribah.**
- 2. Grieving the Holy Spirit is connected to the rebellion at Meribah.**
- 3. In the broader context of Eph. 4, though grieving the HS is related to “speaking corrupt words”, these are to be understood within the context of vs. 25, and is a violation of living as a New Man in Christ, so like all sin is a rebellion against the standards of God.**

## **Summary:**

- 4. Grieving the Spirit is not part of the Christian's walk, and therefore breaks the believer's walk by means of the Spirit.**
- 5. The solution is to confess sin and return to our walk by the Spirit in the light of God's Word, Gal. 5:16.**