

1 Peter Series

Lesson #045

March 31, 2016

Dean Bible Ministries

[www.deanbibleministries.org](http://www.deanbibleministries.org)

Dr. Robert L. Dean, Jr.

# WHAT IT MEANS TO BE HOLY

## 1 PETER 1:13–16



# 1<sup>ST</sup> PETER

## LIVING IN LIGHT OF ETERNITY

# GOD'S PLAN OF SALVATION: 3 STAGES

**PHASE  
ONE**

**PHASE  
Two**

**PHASE  
THREE**

**Justification**

**Spiritual  
Life**

**Glorification**



**Saved from the  
Penalty of Sin**

**Saved from the  
Power of Sin**

**Saved from the  
Presence of Sin**

**1 Pet. 1:13, “Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;**

**1 Pet. 1:14, “as obedient children, not conforming yourselves to the former lusts, as in your ignorance;**

**1 Pet. 1:15, “but as He who called you is holy, you also be holy in all your conduct,**

**1 Pet. 1:16, “because it is written, ‘*Be holy, for I am holy.*’ ”**

**1 Pet. 1:13, “Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;**

**1 Pet. 1:14, “as obedient children, not conforming yourselves to the former lusts, as in your ignorance;**

**1 Pet. 1:15, “but as He who called you is holy, you also be holy in all your conduct,**

**1 Pet. 1:16, “because it is written, ‘*Be holy, for I am holy.*’ ”**

**1 Pet. 1:13, “Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**διό *dio***

**inferential**

**conjunction**

**which introduces**

**a result**

**wherefore,**

**therefore**

**Two more times the noun for hope will be seen**

**1 Pet. 1:21, “who through Him believe in God, who raised Him from the dead and gave Him glory, so that your faith and hope are in God.”**

**1 Pet. 3:15, “But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;”**

**And one more time the verb:**

**1 Pet. 3:5, “For in this way in former times the holy women also, who hoped in God, used to adorn themselves, being submissive to their own husbands;”**



**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**διό *dio***

**inferential**

**conjunction**

**which introduces**

**a result**

**wherefore,**

**therefore**

**ἐλπίζω *elpizō***

**aor act impera 2**

**plur**

**hope, fix your**

**hope, rest your**

**hope, set your**

**hope, put all your**

**hope, confident**

**expectation**

***Y'all hope***

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**διό *dio***

**inferential**

**conjunction**

**which introduces**

**a result**

**wherefore,**

**therefore**

**ἐλπίζω *elpizō***

**aor act impera 2**

**plur**

**hope, fix your**

**hope, rest your**

**hope, set your**

**hope, put all your**

**hope, confident**

**expectation**

***Y'all hope***

**τελείως**

***teleiōs***

**completely,**

**wholly,**

**fully**

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**χάρις *charis*  
acc fem sing  
“unmerited  
favor,  
undeserved  
kindness; gift”**

**φέρω *pherō*  
pres pass part  
fem sing acc  
rel participle  
to bring, carry,  
bear  
*which will be  
brought to you***

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**χάρις *charis*  
acc fem sing  
“unmerited  
favor,  
undeserved  
kindness;gift”**

**φέρω *pherō*  
pres pass part  
fem sing acc  
rel participle  
to bring, carry,  
bear  
*which will be  
brought to you***

**1 Pet. 1:7, “so that the proof of your faith, being more precious than gold which is perishable, even though tested by fire, may be found to result in praise and glory and honor at the revelation of Jesus Christ;”**

**1 Pet. 4:13, “but to the degree that you share the sufferings of Christ, keep on rejoicing, so that also at the revelation of His glory you may rejoice with exultation.”**

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ;”**

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ [by] girding up the loins of your mind, be sober, and;”**

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ [by] girding up the loins of your mind, be sober, and;”**

**ἀναζώννυμι**

***anazōnnumi***

**aor mid part**

**masc plur**

**nom**

**to gird up**



**1 Kings 18:46, “Then the hand of the LORD came upon Elijah; and he girded up his loins and ran ahead of Ahab to the entrance of Jezreel.”**

**Job 38:3, “Gird up now thy loins like a man; for I will demand of thee, and answer thou me.”**

**Jer. 1:17, “Thou therefore gird up thy loins, and arise, and speak unto them all that I command thee: be not dismayed at their faces, lest I confound thee before them.”**

**Eph. 6:14, “Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;”**



# How to Gird Up Your Loins



1. The tunic wouldn't allow you to do heavy labor or fight in battle, necessitating the "girding" of one's loins.



2. First, hoist the tunic up so that all the fabric is above your knees. This will give you mobility.



3. Gather all the extra material in front of you, so that the back of the tunic is snug against your backside.



4. Once the excess fabric is gathered in front, pull it underneath and between your legs to your rear. This feels much like a diaper.



5. Gather half of the material in each hand, bringing it back around to the front.



6. Finally, tie your two handfuls of material together, and you're all set for both battle and some hard labor. Go forth, be ye men, and gird up your loins!

**1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ [by] girding up the loins of your mind, be sober, and;”**

**ἀναζώννυμι**  
*anazōnnumi*  
aor mid part  
masc plur  
nom  
to gird up

**διάνοια**  
*dianoia* gen  
fem sing  
mind, thought,  
intention,  
understanding,  
intelligence;

## Used positively

Matt. 22:37, “Jesus said to him, ‘*You shall love the LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.*’ ”

2 Pet. 3:1, “Beloved, I now write to you this second epistle (in both of which I stir up your pure minds by way of reminder),”

## **Used negatively**

**Luke 1:51, “He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.”**

**Eph. 4:18, “having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart;**

**Col. 1:21, “And you, who once were alienated and enemies in your mind by wicked works, yet now He has reconciled”**

**Rom. 12:2, “And do not be conformed to this world, but be transformed by the renewing of your mind [*nous*], that you may prove what is that good and acceptable and perfect will of God.**

**Rom. 12:3, “For I say, through the grace given to me, to everyone who is among you, not to think [*phroneo*] of himself more highly than he ought to think, but to think [*phroneo*] soberly [*sophroneo*], as God has dealt to each one a measure of faith.”**



**2 Cor. 10:5, “casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,”**

**νόημα *noēma* acc neut sing mind,  
thought**

**Rom. 8:5, “For those who live according to the flesh set their minds [*phroneo*] on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.**

**Rom. 8:6, “For to be carnally minded [*phronema*] is death, but to be spiritually minded [*phronema*] is life and peace.**

**Rom. 8:7, “Because the carnal mind [*phronema*] is enmity against God; for it is not subject to the law of God, nor indeed can be.”**

**Eph. 4:23, “and that you be renewed in the spirit of your mind,”**

1 Pet. 1:13, “Therefore [in light of everything said in vv. 3–12] rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ [by] girding up the loins of your mind, and by thinking objectively,”

ἀναζώννυμι  
*anazōnnumi*  
aor mid part  
masc plur  
nom  
to gird up

διάνοια  
*dianoia* gen  
fem sing  
mind, thought,  
intention,  
understanding,  
intelligence

νήφω *nēphō*  
pres act part  
masc plur  
nom  
**instrumental**  
**participle**  
to be clear  
thinking, self-  
controlled

**1 Pet. 1:14, “as obedient children, not conforming yourselves to the former lusts, as in your ignorance;”**

**1 Pet. 1:14, “as obedient children, by not conforming yourselves to the former lusts, as in your ignorance;”**

**συσχηματίζω**

***suschēmatizō***

**pres mid part masc plur  
nom – instrumental ptcp**

**to conform to**

**Rom. 12:2, “And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.;”**

**συσχηματίζω**

***suschēmatizō***

**pres mid part masc plur  
nom – instrumental ptcp**

**to conform to**

**1 Pet. 2:11, “Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul,**

**1 Pet. 2:11, “Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul,”**



**1 Pet. 4:2, “that he no longer should live the rest of his time in the flesh for the lusts of men, but for the will of God.**

**1 Pet. 4:3, “For we have spent enough of our past lifetime in doing the will of the Gentiles —when we walked in lewdness, lusts, drunkenness, revelries, drinking parties, and abominable idolatries.”**

**1 Pet. 1:15, “but as He who called you is holy, you also be holy in all your conduct,**

**1 Pet. 1:16, “because it is written, ‘*Be holy, for I am holy.*’ ”**

**1 Pet. 1:15, “but as He who called you is distinct and set apart from His creation, you also be distinct and set apart in all your conduct,**

**1 Pet. 1:16, “because it is written, ‘*Be distinct and set apart, for I am distinct and set apart.*’ ”**

**How do we achieve the Holy Life?**

**We need to think as God thinks.**

**We need to quit thinking like  
Satan and the world think.**

**And we need to focus on the end  
game.**